

**ACHIEVING POSITIVE POST SCHOOL
OUTCOMES: PLANNING A SEAMLESS
TRANSITION FROM ADOLESCENCE
TO ADULTHOOD**

Heartland Genetics and Newborn
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**What do we want to accomplish with
health care transition?**



What are the challenges?



What is the Education Transition Process?

- ▶ Comprehensive
- ▶ Longitudinal
- ▶ Outcome oriented

Graduation

What are Important Things to Consider for Successful Transition?

- ▶ Have high expectations
- ▶ Do not rule out possibilities
- ▶ Explore options
- ▶ Rather than thinking “What can an individual do?”, think “What do they like or want to do?”
- ▶ Decide on an employment or post-secondary goal
- ▶ Use the IEP process to plan each year to reach it



Why Do We Plan for Transition?

- ▶ High unemployment rates
- ▶ Outcomes inferior to nondisabled peers
- ▶ Less education and higher drop out rates
- ▶ Increased poverty



"Life's Only Limitations are the One's We Make"

What are the Possibilities that Can Be Achieved?

Customized and Supported Employment Options

- Competitive Employment
- Created Jobs
- Carved Jobs
- Resource Ownership
- Self-Employment
- Business within a Business



Why is Health Care Transition Important?

- ▶ Emphasis on wellness and prevention
- ▶ Health impacts everything we do
- ▶ Challenges in accessing medical home
- ▶ Difficulties in moving from pediatric to adult medical care
- ▶ Not skilled at communicating with doctors
- ▶ Need to be able to receive information in a meaningful way
- ▶ Critical factor in making employment choices
- ▶ Access to health insurance
- ▶ Puts youth in the drivers seat
- ▶ Access resources and supports
through IEP planning process



What are the Issues Affecting Education and Health Care Transition?

- ▶ Often delivered in isolation
- ▶ Fragmented
- ▶ Duplicative efforts and activities
- ▶ Gaps in services and practices
- ▶ Lack of coordinated planning
- ▶ Decisions made without needed information
- ▶ Insufficient resources to do both effectively
- ▶ Families and individuals are confused
- ▶ Outcomes are not achieved



How can Education and Health Care Work Together to Achieve Transition Outcomes?

- ▶ Learn about each others goals and challenges
- ▶ Find out what services and resources each have to offer
- ▶ Determine shared resource opportunities
- ▶ Develop collaborative agreements
- ▶ Establish a point of contact
- ▶ Utilize the IEP process



What are the Benefits?

- ▶ Start earlier
- ▶ Don't have to know it all
- ▶ Shared responsibilities
- ▶ Enhanced resources
- ▶ Combined expertise
- ▶ Greater mobility
- ▶ Youth are more prepared
- ▶ Parents have greater expectations
- ▶ Health is addressed in school



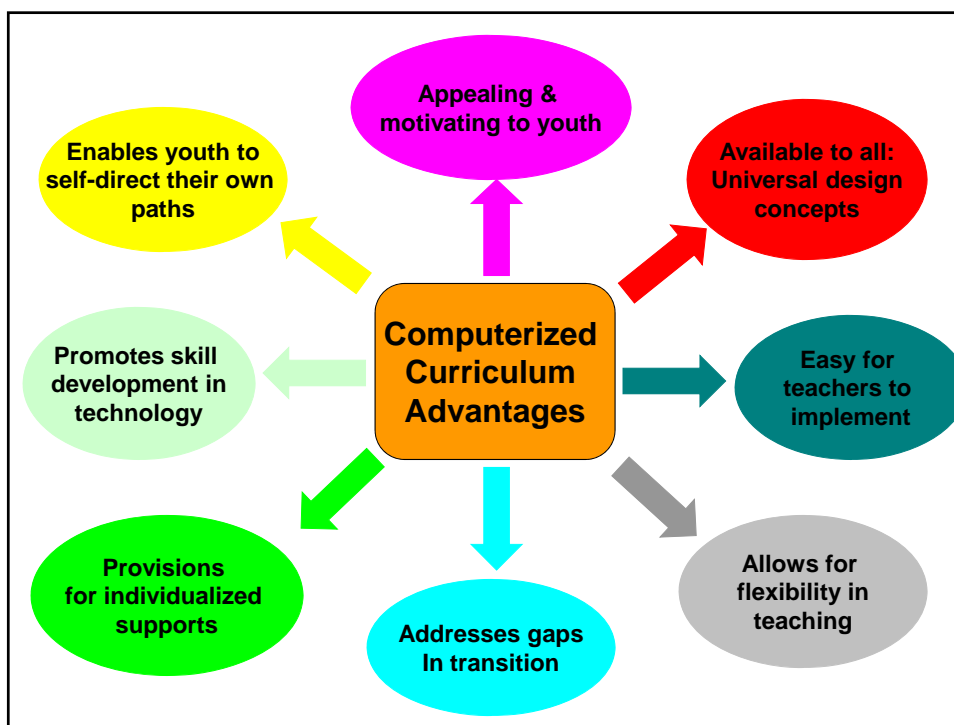
How Can We Prepare Youth to Take Responsibility for their Health Care Management and Transition?

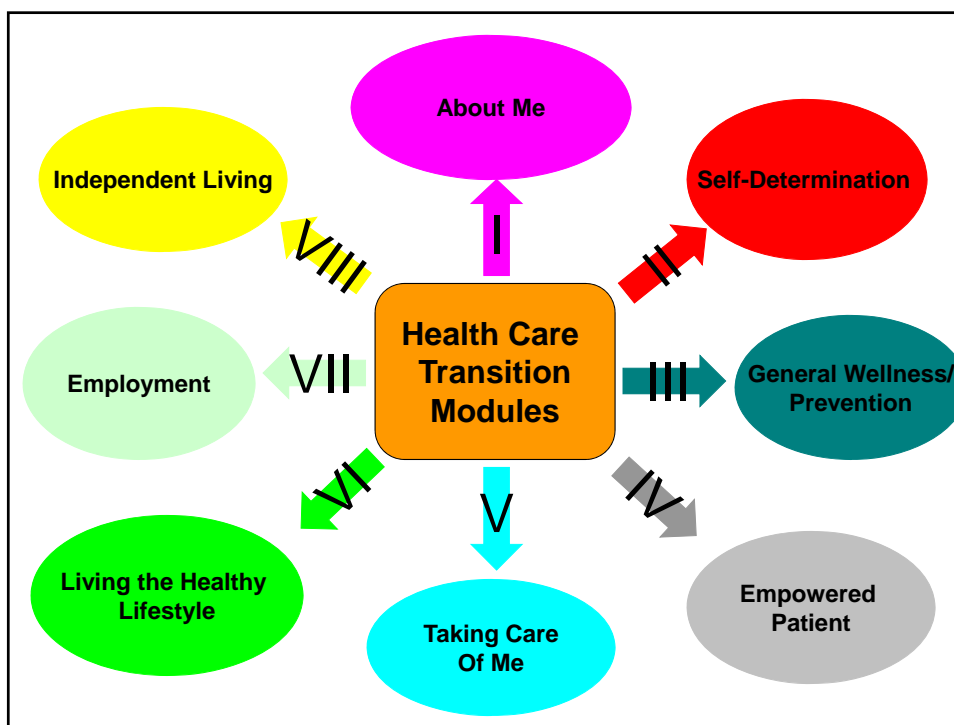
- ▶ Look at what is required
- ▶ Assess individual skill level
- ▶ Bridge gaps with:
 - ▶ Training
 - ▶ Compensatory strategies
 - ▶ Assistive technology
- ▶ Provide training and opportunities for practice
- ▶ Identify individualized supports
- ▶ Prepare to lead individual team meetings



What are Youth Telling Us About Technology?

- It is accessible to everyone
- Gives us a chance to practice
- We can find out what we like
- Helps us communicate
- Like using jump drives, email, and cell phones
- It is fun
- I really like doing this
- I want to work on it







What Problems Might We Encounter?

...Let's Discuss the Issues



And Brainstorm Solutions...



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